

# Emergency Supply Kit Preparation

This playbook outlines the necessary steps to assemble an emergency supply kit. It includes gathering essential items such as water, food, and first aid supplies to prepare for various emergency situations.

## Step 1: **Water Storage**

Store at least one gallon of water per person per day for at least three days, for drinking and sanitation.

## Step 2: **Food Supplies**

Gather a three-day supply of non-perishable food items that require no cooking or refrigeration. Examples include canned goods, protein bars, dry cereal, and nuts.

## Step 3: **First Aid Kit**

Prepare a first aid kit with items such as bandages, antiseptic wipes, adhesive tape, scissors, tweezers, pain relievers, and any personal medications.

## Step 4: **Personal Items**

Include personal hygiene items like toothpaste, soap, feminine supplies, and other personal care products.

## Step 5: **Tools and Supplies**

Add basic tools such as a manual can opener, a flashlight with extra batteries, a multi-tool, and plastic garbage bags.

## Step 6: **Important Documents**

Collect copies of important documents such as identification, insurance policies, bank account records, and store them in a waterproof container.

## Step 7: **Clothing and Bedding**

Pack a change of clothing for each person, as well as blankets or sleeping bags for warmth.

## Step 8: **Special Needs Items**

Consider the needs of all family members and add items such as prescription medications, baby supplies, or pet food as appropriate.

## Step 9: **Review and Update**

Regularly check the supplies in your emergency kit to ensure they are still functional and consumables have not expired. Replace items as needed.

## Step 10: **Storage and Accessibility**

Store your emergency supply kit in a convenient location known to all family members, and ensure it is easily accessible in case you need to evacuate quickly.

# **General Notes**

## **Local Hazards**

Tailor your emergency kit based on local hazards and the most likely emergencies you might encounter in your area.

## **Family Plan**

Discuss and practice an emergency plan with your family, including how to use the items in your emergency supply kit.

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