# Energy-Saving Window Treatments

This playbook describes various window treatments designed to enhance energy efficiency in a home by reducing heat loss and gain. The treatments covered include blinds, curtains, and window films.

### Step 1: Measure Windows

Carefully measure the dimensions of the windows to ensure that the selected treatments will fit properly. Include width, height, and depth in your measurements.

### Step 2: Select Blinds

Choose blinds that are designed to insulate, such as those with cellular construction that trap air in distinct pockets.

### Step 3: Choose Curtains

Opt for curtains with thermal lining, which can provide a barrier against both summer heat and winter cold. Ensure the curtains are large enough to cover your windows completely for maximum efficiency.

### Step 4: Install Window Films

Select window films that reflect heat and prevent UV radiation from entering the home. Follow the manufacturer's instructions for application. Ensure the window glass is clean before applying the film.

### Step 5: Maintenance

Regularly clean and maintain your window treatments according to manufacturer guidelines to ensure they continue to provide energy savings.

## General Notes

### Professional Help

Consider consulting with a professional for recommendations tailored to your specific needs and for assistance with proper installation.

### Energy Star

Look for products with the Energy Star label as an indicator of energy efficiency.