

# Disaster Supplies Kit Assembly

This playbook provides detailed instructions on how to assemble a disaster supplies kit. It is designed to ensure individuals are prepared for various natural disasters by having all necessary items organized and readily available.

## Step 1: **Select Container**

Choose a sturdy, easy-to-carry container, like a plastic bin or a duffel bag, to store the disaster supplies.

## Step 2: **Water Storage**

Stockpile at least one gallon of water per person per day for at least three days, for drinking and sanitation purposes.

## Step 3: **Food Supply**

Gather a three-day supply of non-perishable food items that do not require cooking, such as canned goods with pull-tops, protein bars, and dry cereal.

## Step 4: **Battery-Powered Devices**

Include a battery-powered or hand-crank radio, a flashlight, and extra batteries in your kit.

## Step 5: **First Aid Kit**

Prepare or purchase a first aid kit that includes various sized bandages, antiseptic, a thermometer, and other essentials.

## Step 6: **Sanitation Items**

Pack personal hygiene items including moist towelettes, garbage bags with plastic ties, and toilet paper.

## Step 7: **Clothing and Bedding**

Include one change of clothing and footwear per person, as well as blankets or sleeping bags.

## Step 8: **Tools and Supplies**

Add tools like a wrench or pliers to turn off utilities, a manual can opener, and a multipurpose tool.

## Step 9: **Important Documents**

Store copies of important family documents in a sealed, watertight plastic bag. These might include insurance policies, identification, and bank account records.

## Step 10: **Special Needs Items**

Consider the needs of all family members and add items such as prescription medications, eyeglasses, pet supplies, and infant formula if necessary.

## Step 11: **Maintenance Routine**

Regularly update and maintain your kit. Check food and water expiration dates and replace used or expired supplies.

## **General Notes**

### **Kit Locations**

Store your disaster supplies kit in a place known to all family members and make it easily accessible in the case of an emergency.

### **Familiarize Family**

Ensure every family member is familiar with the contents of the disaster supplies kit and understands how to use each item.

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