Eco-Friendly Cleaning Recipes

This guide provides recipes for creating natural cleaning products at home. These homemade solutions promote environmental safety and personal health.

Step 1: Ingredients

Gather natural ingredients such as white vinegar, baking soda, lemon juice, essential oils, and castile soap.

Step 2: All-Purpose Cleaner

Combine 1 part water, 1 part white vinegar, and a few drops of essential oil in a spray bottle for a general cleaning solution.

Step 3: Glass Cleaner

Mix 2 cups of water, 2 tablespoons of white vinegar, 2 tablespoons of rubbing alcohol, and 5 drops of peppermint essential oil in a spray bottle for a streak-free shine.

Step 4: Disinfectant

Create a disinfecting solution by combining 2 cups of water, 3 tablespoons of liquid castile soap, and 20-30 drops of tea tree essential oil in a spray bottle.

Step 5: Scrubbing Paste

Form a paste for tough grime by mixing ½ cup of baking soda with enough liquid castile soap to form a paste, then add 10 drops of lemon essential oil.

Step 6: Floor Cleaner

Prepare a floor cleaning solution by mixing 1 gallon of hot water, 2 tablespoons of liquid castile soap, and 5-10 drops of your favorite essential oil.

Step 7: Storage & Use

Store the home-made cleaners in labeled spray bottles or jars. Shake well before each use and test a small area when using a new cleaner for the first time.

General Notes

Precaution

Always label your homemade products and store them out of reach of children and pets. Even natural ingredients can be harmful if ingested in large quantities or used improperly.

Customization

Feel free to experiment with different essential oils for fragrance and additional antibacterial properties based on personal preference and intended use.

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