

# Family Emergency Kit Assembly

This playbook outlines the steps necessary for assembling a Family Emergency Kit, with the aim of providing the essential supplies and items needed to sustain a family for at least 72 hours in case of an emergency.

## Step 1: **Planning**

Evaluate the needs of your family members, including any medical requirements, dietary restrictions, and consider pets' needs. List all the essentials needed to support your family for three days.

## Step 2: **Water Supply**

Calculate and store at least one gallon of water per person per day, with a minimum three-day supply for drinking and sanitation.

## Step 3: **Food Storage**

Gather a three-day supply of non-perishable food items that are easy to prepare and meet the dietary needs of your family members.

## Step 4: **Essential Tools**

Include basic tools such as a manual can opener, a flashlight with extra batteries, a radio, and a multi-purpose tool.

## Step 5: **First Aid Kit**

Prepare or purchase a first aid kit that includes necessary medications, bandages, antiseptics, and any prescription medications your family needs.

## Step 6: **Personal Items**

Collect personal hygiene items like toothbrushes, toothpaste, soap, and other sanitary supplies. Also, pack a change of clothes for each person.

## Step 7: **Important Documents**

Make copies of important documents, such as identification, insurance policies, bank account records, and store them in a waterproof container.

## Step 8: **Special Needs**

Consider the unique needs of your family such as supplies for infants, elderly members, or items for people with disabilities.

## Step 9: **Pet Supplies**

Assemble a kit for your pets with food, water, medications, and any other items they will need.

## Step 10: **Pack & Store**

Pack all items in one or two easily accessible, durable containers. Label the containers and store them in a place known to all family members.

## Step 11: **Maintenance**

Check the kit semi-annually, replace expired items, update personal items, and refresh water and food supplies as necessary.

## **General Notes**

### **Customization**

Tailor the kit to fit your family's specific needs beyond the basics, considering any items that children, elderly family members, or pets may specifically require.

### **Training**

Familiarize your family members with the contents of the emergency kit and provide instructions on using the items, especially tools and the first aid kit.

### **Practice Drills**

Conduct emergency drills using the kit, so family members become comfortable in finding and using the items under stress.