

Senior Pet Care

This playbook outlines the essential steps for caring for senior pets. It covers dietary modifications, mobility assistance, and ongoing health monitoring to ensure the wellbeing of aging animals.

Step 1: **Assess Needs**

Evaluate the current health status and needs of your senior pet, considering factors such as mobility, digestion, vision, and hearing.

Step 2: **Consult Vet**

Schedule a consultation with a veterinarian to discuss any concerns and the appropriate care plan tailored to your pet's age-related changes.

Step 3: **Dietary Adjustments**

Implement the recommended dietary changes, often involving lower-calorie diets, easy-to-digest food, and supplements as suggested by the vet.

Step 4: **Mobility Aid**

Provide mobility support through aids like ramps, steps, or slings if your pet experiences difficulty moving around.

Step 5: **Regular Exercise**

Maintain a gentle but regular exercise routine appropriate for your pet's health and mobility level to promote circulation and prevent atrophy.

Step 6: **Monitor Health**

Keep a consistent schedule for health checks, noting any new symptoms or behavior changes in your pet, and report them to your vet.

Step 7: **Medication Management**

Administer any prescribed medication following your vet's instructions and monitor for side effects or needed adjustments.

Step 8: **Comfortable Environment**

Create a comfortable living space for your senior pet, with easy access to their bed, food, and water, and a warm, quiet place to rest.

Step 9: **Emotional Support**

Provide emotional support and companionship to your senior pet, as they may require more attention and reassurance in their later years.

General Notes

Regular Vet Visits

Senior pets should have veterinary check-ups at least once every six months, or as recommended by the vet, to promptly address any emerging health issues.

Special Considerations

Be aware that senior pets may have special needs and may require more patience, especially as they become more susceptible to chronic conditions.

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