

Exploring Study Abroad

This playbook guides you through the process of exploring study abroad opportunities to incorporate travel and global learning into your college experience.

Step 1: **Research Options**

Begin by researching different study abroad programs offered by your educational institution. Check the college website, talk to the study abroad office, and look for program brochures or catalogs.

Step 2: **Assess Interests**

Reflect on your interests, goals, and what you wish to gain from the study abroad experience. Consider factors such as language, culture, academic focus, and location.

Step 3: **Academic Planning**

Consult your academic advisor to discuss how a study abroad program can fit into your degree plan. Make sure the courses you take abroad will meet graduation requirements.

Step 4: **Cost Evaluation**

Understand the costs associated with study abroad programs, including tuition, travel, accommodation, and living expenses. Explore scholarships, grants, and financial aid options.

Step 5: Apply for Programs

Prepare and submit applications for the study abroad programs of your choice. Ensure that you meet all eligibility requirements and adhere to application deadlines.

Step 6: Prepare Logistically

Once accepted, prepare for your trip by applying for a passport or visa, arranging travel insurance, booking flights, and securing housing.

Step 7: Cultural Preparation

Learn about the culture of your destination. This can include studying the language, understanding cultural norms, and preparing to engage respectfully with local customs.

General Notes

Program Accreditation

Ensure any program you consider is accredited and recognized by your educational institution to avoid issues with credit transfer.

Health and Safety

Check the health and safety recommendations for the country you plan to study in, including any vaccinations or medical preparations required.

Emergency Plan

Have an emergency plan in place, including how to contact your local embassy, and be aware of how to access medical care while abroad.

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