# Senior Transportation Options

This playbook outlines various transportation options suitable for seniors, providing a guide to public transit adaptations, ride-sharing services, and specialized mobility solutions designed to cater to the unique needs of the elderly.

### Step 1: Assess Needs

Evaluate the senior's mobility, health condition, and transportation needs to determine the most appropriate transportation options.

### Step 2: Research Transit

Investigate local public transportation options that offer senior-friendly features such as reduced fares, priority seating, and accessible vehicles.

### Step 3: Explore Ride-Sharing

Look into ride-sharing services that provide easy-to-use apps with options for accommodating senior riders, including assistance from the driver if necessary.

### Step 4: Specialized Services

Identify specialized transportation services that are designed for seniors, such as door-to-door services, and check their availability and criteria for usage.

### Step 5: Senior Discounts

Discover what kind of discounts or programs are available specifically for seniors for each transportation option.

### Step 6: Safety Features

Ensure that whichever transportation option is chosen, it has the necessary safety features and protocols in place to protect senior passengers.

### Step 7: Book Transportation

Assist the senior in booking transportation, whether it is scheduling rides in advance or teaching them how to use ride-sharing apps.

### Step 8: Feedback Loop

After using the services, gather feedback from the senior to determine if the chosen option meets their needs and make adjustments as necessary.

## General Notes

### Accessibility

Always verify the accessibility of all transportation options, considering any physical limitations or assistive devices the senior may use.

### Emergency Contacts

Ensure that the senior has a list of emergency contacts easily accessible when using any transportation service.

### Practice Runs

If possible, accompany the senior on a few practice runs to help them become more comfortable with the new transportation method.