

Homemade Natural Cleaners

This playbook provides step-by-step instructions for creating environmentally-friendly cleaning products using common household ingredients. It outlines recipes and methods to make natural cleaners that are both effective and safe for home use.

Step 1: **Gather Ingredients**

Collect all necessary ingredients such as white vinegar, baking soda, essential oils (like lemon or lavender), castile soap, and distilled water.

Step 2: **Prepare Containers**

Ensure you have appropriate containers like spray bottles or jars for storing your homemade cleaners. Clean and dry them thoroughly before use.

Step 3: **All-Purpose Cleaner**

Mix equal parts of water and white vinegar in a spray bottle. Add 10-15 drops of your chosen essential oil for fragrance, if desired.

Step 4: **Glass Cleaner**

Combine 2 cups of water, 1/2 cup white vinegar, 1/4 cup rubbing alcohol, and 1-2 drops of orange essential oil in a spray bottle.

Step 5: **Scrubbing Paste**

Make a paste by mixing 1/2 cup of baking soda with enough castile soap to achieve a frosting-like consistency. Add a few drops of essential oil for scent.

Step 6: **Carpet Freshener**

Mix 1 cup of baking soda with 15 drops of essential oil. Sprinkle over the carpet, let it sit for 15 minutes, and then vacuum as usual.

Step 7: **Label Products**

Label each container with its contents and the date it was made. Include usage instructions if necessary.

Step 8: **Storage and Use**

Store the cleaners in a cool, dry place out of direct sunlight. Use them as you would commercial cleaners, and shake well before each use.

General Notes

Essential Oils

Essential oils are optional, though they add a pleasant scent and can have additional cleaning properties. Be cautious when using oils around pets, as some can be harmful.

Ingredient Ratios

Ratios of ingredients may be adjusted based on personal preference or specific cleaning needs.

Shelf Life

Homemade cleaners typically have a shorter shelf life than commercial products. Discard any cleaners that develop an unusual odor or color.

Patch Test

Always do a patch test with your cleaner in an inconspicuous area to ensure it does not damage the surface you're cleaning.

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