

# Internet Safety for Children

A comprehensive guide to teach children about the risks of the internet and implement strategies and tools to ensure their online safety.

## Step 1: **Awareness**

Discuss with children the different types of potential online dangers such as cyberbullying, predators, scams, and inappropriate content.

## Step 2: **Rules**

Establish clear rules for internet usage, including what is appropriate to share online, which websites are safe to visit, and what to do if they encounter something uncomfortable.

## Step 3: **Privacy Settings**

Teach children about privacy settings and the importance of not sharing personal information. Adjust settings on devices and applications to enhance privacy.

## Step 4: **Safe Browsing**

Install and configure safe browsing tools, parental controls, and content filters to block inappropriate material and monitor activity.

## **Step 5: Open Communication**

Encourage an open dialogue about their online experiences and assure them that they can approach you with anything concerning or unclear without fear of punishment.

## **Step 6: Emergency Procedure**

Create an action plan for what steps to take if the child encounters something dangerous or upsetting online, including who to tell and how to report issues.

## **Step 7: Regular Updates**

Have ongoing discussions about internet safety and keep rules up-to-date with evolving online landscapes and your child's age and maturity.

## **Step 8: Lead by Example**

Model good internet behavior by exhibiting appropriate online habits and showing respect for others while online.

# **General Notes**

## **Resources**

Provide a list of child-friendly websites, resources, and contact information for local authorities or online safety organizations.

## **Trust Building**

Allow the child to have some independence online, balanced with verification checks to build trust and responsibility.

## Education Material

Utilize books, websites, and educational programs designed to teach children about internet safety in an age-appropriate manner.

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