

Choosing Disability Insurance

This playbook outlines the steps to select the appropriate disability insurance policy. It is intended to assist individuals in making an informed decision to protect their income in the event of disability.

Step 1: **Assess Needs**

Evaluate your current financial situation, monthly expenses, and the potential impact of losing your income due to disability. Consider any existing coverage you may have through your employer.

Step 2: **Coverage Amount**

Determine the amount of coverage you need by calculating the difference between your monthly income and expenses. This will help you understand the benefit amount you require.

Step 3: **Policy Features**

Research and compare different policy features such as the elimination period, benefit period, coverage scope, and whether the policy is non-cancelable or guaranteed renewable.

Step 4: **Insurance Providers**

Look into various insurance providers, their financial strength, customer service, claims process, and read reviews from other policyholders.

Step 5: **Get Quotes**

Request quotes from multiple providers to compare the costs relative to the benefits offered. Be sure to provide similar information to each to get comparable quotes.

Step 6: **Consult Professionals**

Seek advice from financial advisors or insurance professionals who can provide expert insight into the policies and help you navigate complex terms.

Step 7: **Evaluate Options**

Carefully review all policy details, including the fine print, exclusions, and riders. Compare your options side by side to see which one best suits your needs.

Step 8: **Make Decision**

After thorough evaluation, choose the policy that provides the necessary coverage at a reasonable price and with favorable terms. Make sure it aligns with your financial plan.

Step 9: **Apply**

Complete the application process for the selected insurance policy, which may include an interview and a medical examination.

Step 10: **Review Policy**

Once approved and the policy is issued, review the document thoroughly to ensure all agreed terms are included and that you understand your rights and obligations.

Step 11: **Stay Informed**

Keep your policy documents in a safe place and stay informed about any changes in your coverage or personal circumstances that might affect your policy.

General Notes

Employer Coverage

If you have coverage through your employer, understand how it works and what's covered before seeking additional insurance.

Legal Advice

Consider seeking legal advice if you find policy language difficult to understand or if you have specific concerns about your coverage.